



Love Better

Learning to navigate together a relationship of life-long love.

The Prepare/Enrich coaching journey is grounded in research and infused with practical applications. This sophisticated, effective and robust relationship assessment and coaching journey will offer you timely insights and a roadmap for your climb to life long love.

Prepare/Enrich experience (married/committed)

The Prepare/Enrich assessment and coaching journey includes tailored facilitation providing you with newfound knowledge about yourselves and each other, clarification about strengths and vision as a couple, refreshed connection, and better love.

Prepare/Enrich experience (pre-marriage/pre-commitment)

The Prepare/Enrich Assessment and coaching journey include tailored facilitation offering you insights about yourselves and each other along with strategies to making your marriage everything it was meant to be. Invest intentionally in one of your most important decisions.

Prepare/Enrich group experience

Invite your friends to a virtual group setting guided facilitation sessions to interpret and apply assessment results. This offer includes group sessions and exclusive sessions per couple, (2-5 couples).

For more information please visit: <https://www.prepare-enrich.com/>

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Matthew has helped us understand each other and our needs. He also helps us focus and build on the positives and the “why” of our mutual love. I would encourage anyone that wants to strengthen their marriage to reach out to Matthew. We are extremely grateful he was referred to us.

Megan & Eric, PA

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Matthew helped save our marriage! His knowledge, expertise, care, empathy as well as a touch of humor, allowed us to open up on uncomfortable topics and make real progress in our relationship. Difficult to find this quality of support.

Bruce & Mary, MI

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We were in need of marital counseling and were directed by our therapist to Matthew and his facilitation of the SYMBIS assessment. Our encounters with Matthew led to nothing short of transformational awareness. We now call him our “marriage whisperer”!

Tom and Alisha, FL