



ROADMAP TO RESULTS™ COACHING EXPERIENCE

Do you want better, greater, faster (and easier) results?

What if you could optimize your ability to create results in your work by using the power of neuroscience?

Looking to advance your career, enhance your leadership, make effective decisions, accelerate progress, or move beyond procrastination? How about an action plan to get there?

You get double the benefit – enhanced skills for the future and an action plan to use now. How?

The Roadmap to Results™ 1:1 Coaching Experience...

Working with your coach in just two 90-minute sessions you learn about your own individual Results System™ and how to put it to work for you.

You'll choose a real-life professional objective and create your own personal Results Roadmap™ to achieve it. You'll build a 90-day Action Calendar with clear action steps that keeps yourself on track to get it done.

Best of all, you'll have new tools and skills to use going forward to create greater results better, faster (and easier).



You'll learn ...

- The **most important result** that motivates you in your work and career
- **5 individual goals** that get you to the results you want
- **3 negative self-talk voices** specific to you that dismantle your effectiveness
- **3 positive affirmations** that work best for you personally
- **2 best habits** you practice that create success for you
- **2 worst habits** you possess that derail you every time
- The **most important supports** that you must incorporate
- The **biggest obstacle** you encounter that gets in your way and how to overcome it
- The **strategic actions** to take over the next 90 days to get you what you want

